Community Gardens
In Guilford County

Community gardens are as varied as the neighborhoods in which they thrive.

Get Involved!

Support or start a Community Garden

- More than 150 community gardens have been started in Guilford County!
- Contact the Guilford County Cooperative Extension for more information.

Join the Community Garden Newsletter Email List

- Guilford County events and Community Garden Newsletter: sign up at

Find more information on our website:

- Research-based gardening information
- Best practices for starting and sustaining a community garden
- Grants for community gardens
- Upcoming events, workshops, and training for community gardeners

Scan or Visit:
https://go.ncsu.edu/gc-community-and-school-garden-network

Support a Community Food Access Group

- **Greater High Point Food Alliance:** ghpfa.org, (336) 899-08865
- **Growing High Point**: growinghighpoint.org/, (336) 848-1516
- **Guilford Food Council** guilfordfoodcouncil.com

For more information, contact:

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Community & School Gardens Agent
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North Carolina Cooperative Extension is an equal opportunity provider

What is a Community Garden?

> "Anywhere a community of people joins together to garden"
> - *Community Gardening, The Brooklyn Botanic Gardens*

Why Join A Community Garden?

Community: Meet your neighbors and other community members as you garden and learn from each other. Involve your whole family - this is for gardeners of all ages!

Health: You are more likely to eat something that you have grown, and you can grow a wide variety of healthy, nutritious food! Gardening also decreases stress and increases physical activity.

Money: By eating what you grow, you may reduce the amount you spend on groceries. Some community gardeners earn income by selling the produce they grow.

Nature: Connect with plants, pollinators, birds, and nature in the garden.

Life Skills: In addition to a wealth of plant growing information, gardening teaches planning, organization, and teamwork.

Steps to Success

Step 1: Gather your Community
- Build a garden team of 5 to10 people. Who is this garden for? Invite them to plan! People keep a garden growing; this is sustainability!
- Why is a new garden right for us? (Is there a nearby community garden it makes sense to join?)

Step 2: Integrate the Garden
- What are your goals? Why do you want to garden together?
- How will the garden be managed? Will each gardener have their own plot, will it be a communal garden, or some combination? Develop leadership roles, committees, and garden guidelines.

Step 3: Find a Garden Site (and Permission!)
- Easily accessible for gardeners, 8 hours of direct sunlight, access to water.
- Written permission from the landowner to use the land for at least 3 years.
- Check with your city's planning department about permits, liability insurance, or other requirements.

Step 4: Develop the Garden
- Design the garden with input from the community, especially future gardeners. Start small and build on success. Developing in phases is a good way to go.
- Identify partners and support organizations who can help with resources and funding.

Step 5: Build Community Year-round
- Hold workdays, educational workshops, and garden tours.
- Provide education throughout the growing season, especially to new gardeners.

Resources through Extension

- Extension Master GardenerSM Volunteers (MGV) Infoline: (336) 641-2404 or guilfordmg@gmail.com
- Community Garden Mentors
- Free Gardening Classes or Request a Garden Workshop for your Community
- Seed Donations