



*Spring 2023*  
Guilford County  
**Walking Challenge**

**May 1st – June 26th**

Grab your tennis shoes, a friend, and your competitive spirit because the 9-week Guilford County walking challenge is HERE!



**Registration Fee: \$15.00**

**What Do You Get?**



- T-Shirt
- MiBand (*For the walkers who complete the challenge*)
- A chance to win 1st, 2nd, and 3rd place prizes for the walkers with the most steps at the end of the challenge.

**Contact Person: Vincent Webb (336) 641-2412**



***SCAN AND REGISTER TODAY***



***GO.NCSU.EDU/GC-WALKING-CHALLENGE-2022***



*North Carolina Cooperative Extension is an equal opportunity provider*