

Safety First! RECIPE HANDOUT

Peanut Butter Play Dough

EQUIPMENT/ SUPPLIES

- Mixing bowl
- Mixing spoon
- 1 set dry measuring cups
- 1 set measuring spoons
- 1 roll of wax paper

INGREDIENTS FOR 2 SERVINGS

- 1/4 cup smooth peanut butter
If you have a peanut butter allergy, substitute peanut butter with soy or almond butter.
- 1/3 cup non-fat dry milk powder
- 4 teaspoons honey

DIRECTIONS

You will need adult assistance to create the dough as follows:

- Mix honey with peanut butter.
- While stirring, slowly add dry milk powder until a firm dough is formed.
- Knead onto a clean surface until the dough is smooth.
- Divide the dough into small pieces and place on wax paper.



Make sure you wash your hands before playing with the dough!

Now have fun making your peanut butter play dough into whatever shapes you would like! Then you may eat it!

