

Dairy RECIPE HANDOUT

Grilled Cheese Roll-Ups

EQUIPMENT/SUPPLIES

- 1 bowl
- Paper plates
- Stove
If you do not have a stove available, simply make cheese-roll up sandwiches with the bread.
- Rolling pin
- Tongs
- Basting brush
- 2 toothpicks
- Skillet

INGREDIENTS FOR 2 SERVINGS

- 4 slices of whole wheat bread, crusts removed
- 2-3 slices of cheese
- 1/6 cup melted butter

DIRECTIONS

1. Roll each slice of bread flat using a rolling pin.
2. Place one slice of cheese onto the bread. Then roll up bread and cheese and secure with toothpick.
3. Brush the outside of the bread with melted butter.
4. Have an adult place the bread in a skillet over medium heat. Turn with tongs until all sides are browned and cheese is melted.



Don't forget to refrigerate the leftovers!

