



Small Farms Week

Changing Times, Growing Seasons.

March 21-26, 2022

In honor of Small Farms Week, N.C. Cooperative Extension in Guilford County will be hosting a nonperishable food drive to benefit local families. All collected donations will be distributed to local pantries.

Feel free to drop your donations off at the **Guilford County Agricultural Center**
3309 Burlington Road, Greensboro, NC 27405



**The food drive
will run from
March 7th -
March 25th.**

**Thank you for
supporting your
local community!**

HELP US BRING A MEAL TO LOCAL FAMILIES

Here's a list of healthy non-perishable foods:

- Low-sodium or No Salt Added canned vegetables (easy-open tab preferred)
- Canned fruits in 100% juice or water (easy-open tab or single-serve cups preferred)
- 100% fruit and vegetable juices
- Canned meats or seafood packed in water
- Dried beans, peas, and lentils
- Low-sodium or No Salt Added canned beans and peas (easy-open tab preferred)
- Whole wheat pasta or brown rice
- Whole grain cereal or oats
- Low-sodium nuts and nut butters