

**Quina Weber-Shirk**

Community & School Garden Extension Agent  
NC Cooperative Extension Guilford County  
[jjwebers@ncsu.edu](mailto:jjwebers@ncsu.edu) OR (336)525-6112

# Mixed Greens Community Garden: COVID-19 Caution

**The community garden is only open to gardeners with plots.  
It is not open to the public.**

## Best Practices

- Please maintain social distancing of at least 6 feet while working in the community garden.
- Do not work in the garden if you are sick. Please go home and take care of yourself! We want to see you back here when you are well.
- Anyone who is displaying symptoms of COVID-19, or who has come in contact with someone who has symptoms of COVID-19 should not come to the garden. Anyone displaying symptoms will be asked to leave.
- Bring your own tools from home, or wear gloves when using shared tools. There are plastic disposable gloves in the toolshed, by the First Aid kit, if you need them.

## Cleaning and Disinfection

- Please wash your hands both before gardening and after you are done gardening.
- Wash tools with soap and water before putting them away in the shed.

## Plan Ahead

- Mulch now to prevent weeds!
  - Mulch the paths on either side of your plot with wood chip mulch
  - Mulch your plot with leaf mulch
- Stay ahead of seasonal tasks:
  - All plots and paths must be cleared and mulch by April 1
  - All plots must be planted by May 1st
- Consider growing extra produce to donate and share with others in our community

## The Good News

COVID-19 is not a food-borne illness. It is extremely unlikely that someone will catch it through eating. The virus is most likely to cause illness through respiratory transmission, not eating. The routes of exposure to be concerned about include:

- Being in very close proximity to other people (less than 6 feet)
- Coming in contact with high touch surfaces (doorknobs, gates, locks, etc.)

## Stay Engaged

Social Distance need not lead to social isolation! Stay in touch even when you can't gather in person.

- Check in with other community gardeners through calls or texts.
- Share pictures of the garden, tips, or recipes

Stay informed:

- CDC-Coronavirus: <https://www.cdc.gov/coronavirus/2019-ncov/>
- COVID-19 updates from NC State University: <https://foodsafety.ces.ncsu.edu/covid-19-resources/>



If you have questions or want to reach out, contact:

**Quina Weber-Shirk**

Community & School Garden Extension Agent

NC Cooperative Extension Guilford County

[jjwebers@ncsu.edu](mailto:jjwebers@ncsu.edu) OR (336)525-6112