

4-H Project Record Book Workbook

Section 2: My 4-H Story

Tell us your 4-H story! Your story is limited to no more than four (4) pages typed or handwritten. You need at least two (2) pages.

Introduce yourself and include any information you choose to share about your interests, family, hobbies etc. If you were given two minutes to tell someone about yourself, what would you say?

Describe how 4-H has made a difference in your life.

How did the project you are completing in this Project Record help you grow?

Who has helped you in your 4-H journey and how have they helped you?

How has your 4-H participation helped others?

What are your goals in life?

Summarize your experiences in 4-H.

Project Focus

Use this section to keep track of your project-specific activities.

Date	What did you do?	What did you learn or accomplish?	Level*
Oct	Showed 5 goats in NC State Fair	Learned parts, how to groom and how to show.	S

* L = Local, C = County, D = District, S = State, R = Regional, N = National

Leadership - Community Service - Citizenship

Use this section to keep track of your leadership, community service, and citizenship activities.

Date	Activity	Accomplishments	Level*	Type**
Feb	Led the 4-H Pledge	15 Members	C	L

* L = Local, C = County, D = District, S = State, R = Regional, N = National
** L = Leadership, CS = Community Service, C = Citizenship

Project Awards and Recognition

Use this section to keep track of your project-specific awards and recognition.

Award/Recognition	For what did you receive the award?	Level*
Gold Medal	Electric Portfolio	D,S

Other 4-H Awards

Use this section to keep track of your other awards and recognition in 4-H.

Award/Recognition	For what did you receive the award?	Level*
Plaque - 1st Place	Fashion Revue	C,D

* L = Local, C = County, D = District, S = State, R = Regional, N = National

Non 4-H Awards

Use this section to keep track awards and recognition outside of 4-H.

Award/Recognition	For what did you receive the award?
Plaque - 1st Place	Community Beautification Poster

Non 4-H Experiences

Use this section to document experiences you have had not related to 4-H.

Date	Activity	Accomplishments
May	Visited Science Center with Biology Club	Learned about animals and habitats.

4-H Goal Setting

What would you like to do next year in 4-H?

"I want..."

Action	Results	Timetable
To Give	a 4-H presentation at District Activity Day	by June

Notes: Use this section to expand on the other sections or keep general notes.
