

Zucchini Oven Chips

¼ cup bread crumbs
¼ cup parmesan cheese
⅛ teaspoon pepper
¼ teaspoon garlic powder
2 tablespoons fat free milk
2 small zucchini, cut into medallions
Cooking spray

Preheat oven to 425 degrees

Combine first four ingredients in a medium bowl, stirring with a whisk. Place milk in a shallow bowl. Dip zucchini slices in milk, and dredge in breadcrumb mixture. Place coated slices on an ovenproof wire rack (such as a cake cooling rack) coated with cooking spray; place rack on a baking sheet. Bake at 425° for 30 minutes or until browned and crisp. Serve immediately.