

## **Lemon Pepper Green Beans**

**Prep time:** 5

**Makes:** 4

### **Ingredients:**

1 10 oz. package frozen green beans

1 lemon

½ teaspoon pepper

### **Directions:**

Turn range onto medium heat. In dry skillet, add green beans, cover with lid, cook about 5 min, should see water in bottom of skillet. Juice 1 lemon over green beans and sprinkle with pepper cover again and cook for another 5 min, then uncover and cook until water is gone, about another 2-5 min.

### **Nutrient Information:**

Amount: 1 serving

Calories

21

Total Fat

1g

Saturated Fat

0g

Cholesterol

0 mg

Sodium

1 mg

Total Carbohydrate

5 g

Dietary Fiber

2 g

Total Sugars

1 g

Added Sugars included

0 g

Protein

1 g

Vitamin D

0 mg

Calcium

29 mg

Iron

0 mg

Potassium

117 mg