Guilford County 4-H News
May Issue / 2008

Operation Military Kids Service Project
Everyone is invited to help us on Thursday, May 8 from 7-9 pm at the National Guard Armory on Franklin Blvd. Call the 4-H office for more details!

YOUTH CONSERVATION DAY – FREE EVENT!!
Who: Any youth 7-17 years old
When: Saturday, May 17th
Where: Northeast Park - 4010 High Rock Rd, Gibsonville, NC 27249.
Rain or Shine!
Must pre-register @ 4-H office 375-5876.
Interactive and Demonstration Workshops include: Archery, Quail Unlimited, Shot gun, Canoe, O’ Deer, ATV safety, Mountain Bike, Fishing – Fish in stocked pond - BRING cooler & ice if you want to take home your catch. All youth must be accompanied by an adult. If bringing a group – 1 adult for every 5 youth. Gates open @ 8 am and program ends @ 3 pm. Wild game lunch served and each youth will receive a Hat and a Goodie Bag. Door prizes!!

Three 4-H POSTER CONTESTS due in 4-H office on June 2
All posters should be on standard 22” x 28” poster and have the official score card taped to the back of the poster with a picture of the 4-H’er and their poster. The top half of the score card should be completed with 4-H’ers contact information. Go to the websites listed below to pull up scorecards for each individual contest – each poster contest has a different entry form. Posters MUST NOT contain copyright material such as cartoon characters, etc. Posters MUST BE original work of 4-H’er submitting poster.

1. Dairy Poster Contest
“Vote Dairy-Choose Milk, Cheese, and Yogurt for June Dairy Month”
http://www.cals.ncsu.edu/an_sci/extension/dairy/4-H/Poster%20Contest/Dairy%20Poster%20Contest.htm
Sponsored by the Southeastern United Dairy Industry Association, state winners receive: 1st - $45, 2nd - $35, 3rd - $25. Posters that are submitted for state competition will NOT be returned unless specifically requested. Please attach a note when submitting the poster if you would like it returned.

2. Poultry Poster Contest
The theme is "chick chat" - (baby poultry). The FIRST place state winning posters will be displayed at the Turkey Show at the NC State Fair. Additionally, the posters will be scanned and placed on the Poultry Science Website as well as incorporated into a large banner. Posters that are submitted for state competition will NOT be returned unless specifically requested. Please attach a note when submitting the poster if you would like it returned. U.S. Poultry and Egg Association and the NC Poultry Federation sponsor this contest. State winners receive: 1st - $50, 2nd - $35, 3rd - $25
http://www.ces.ncsu.edu/depts/poulsci/4h/postercontest/poster.html

3. Career Exploration Poster
The theme is “Career Exploration”
Cut outs from magazines/ prefab...
or professional clipart are not allowed. Your poster should depict the career you are interested in...for example: “Explore Nursing” State winners will receive $25.

4-H SUMMER FUN WORKSHOPS
From Fishing to Biotechnology, there is a lot to do this summer with 4-H! Check it out at http://guilford.ces.ncsu.edu/files/library/41/Summer%20Fun%202008%20-%20Flyer.pdf

TEEN LEADERSHIP TRAINING
Who: Any Teen 4-H’er interested in volunteering in the 4-H office this summer
What: 4-H Summer Fun Teen Leader Workshop
When: June 12 from 9-1 pm @ the Extension office
Why: The 4-H office needs trained teen volunteers to help assist with summer workshops. Call Shannon @ the 4-H office for more information.

EARN MONEY FOR COLLECTING BUGS!
Submit an Entomology Exhibit for the NC State Fair and win $50 for 1st place! Check out the details on line at http://ipm.ncsu.edu/4-H/ or call the 4-H office.

DAIRY DAYS
AT THE PIEDMONT FARMERS MARKET
Come out and celebrate June Dairy Month at the Farmers Market June 28 from 10-2 pm! 4-H will be set up in the grassy area near the Berry Patch Ice Cream Shop with Dairy Days activities such as: Milk A Real Plastic Cow!; Got Milk?, Mustache; Ice Cream Churn-Off; Pet a calf; Milk Drinking Contest; Pin the tail on the Dairy Cow; Ice Cream prizes for youth; & More.... Enter your homemade ice cream in the ice cream churn-off contest to win $$$ prizes! See the flyer in the newsletter or call the 4-H office for more information.

4-H CAMP
Youth have 2 opportunities to attend camp this summer. Contact the 4-H office for more information.

#1. Millstone 4-H Camp is August 3-8. This camp is for any youth 8-12 years old. Camp meeting 7/17 @ 6:30 pm.. http://guilford.ces.ncsu.edu/files/library/41/CampMillstoneFlier2008.pdf

#2. Camp Challenge is June 15-29 – This camp is for 4-H’ers that are rising 6th, 7th, & 8th graders that are high achieving in school and low income. http://www.campsertoma.org/camp/challenge.shtml

4-H CAMP SCHOLARSHIPS AVAILABLE
Our 4-H Volunteer Leaders’ Association has ten $50 camp scholarships available for 4-H members to go to camp. Contact Tanya Gold for the form. tgold@triad.rr.com

OPEN HOUSE @ MILLSTONE
Come out to Millstone 4-H Center in Ellerbe for a day of FUN FOR ALL!!! Experience summer camp activities such as: swimming, canoeing, archery, shotgun, riflery, ropes course, nature, games & crafts. You can even arrange lodging for the night in one of the rustic cabins. Reserve your family’s spot today by contacting Gene Shutt @ 919.652.5905. The camp store will be open with snacks and souvenirs for sale. Bring your own lunch. There will be a hotdog supper and s’mores at the campfire provided, so call Millstone today to reserve your space! http://www.millstone4hcamp.org/Flyer%20for%20Fun%20Day%202006.pdf

4-H PHOTO CONTEST
Get your camera ready for that perfect picture! 4-H has a state photography contest just for you...and the winners photos will be displayed during NC 4-H Congress.

Some rules to remember before submitting your photo:
- All entry photos must have been taken by the 4-Her submitting the entry during the contest year.
- DO NOT submit photos in frames...loose prints are preferred.
- Photos may be in color or black and white.
- Check out this website for all rules
  http://www.cals.ncsu.edu/agcomm/4-HPhoto/rules.htm
- Entry Forms are located at:
  http://www.cals.ncsu.edu/agcomm/4-HPhoto/entryfrm.htm
- Three categories include: "4-H in Action", "Nature's Beauty", and "Humor."
- There are 2 age divisions:
  Junior (9-12) and Senior (13-18).
- Entries for the 2008 Photo Contest must be postmarked no later than June 10, 2008 and sent to: Becky Kirkland, NC 4-H Photo Contest, Department of Communication Services, NCSU, Campus Box 7603, Raleigh, NC 27695-7603. One suggested resource is Kodak.com's "Taking Great Pictures" site at:

**GOOD HORSE SENSE** Advise from our district Equine Specialist, Dr. Tim Potter

*I have talked to many people who failed to request a pre-purchase exam and therefore “bought problems”*. In other words, they bought a horse that they later found out had navicular disease or some other issue which ultimately limited their use. While some people recommend these exams based on purchase price (i.e., do the exam if you plan to spend over $2500 for the horse), my recommendation is to spend the money for a pre-purchase exam for any horse you buy, regardless of price. It is money well spent, and can prevent a lot of problems for you as the owner down the road. Pre-purchase exams are examinations conducted by a veterinarian prior to the purchase of the horse, and they can vary from simple to very in depth. How much a person wants done on a pre-purchase is usually determined by their intended use, as well as the purchase price.

*Sadly, a lady called me a couple of weeks ago, very upset that her child was kicked by her horse. Her comment was, “the people that sold us this horse told us he doesn’t kick”. How many of you have said, or heard someone say, “My horse doesn’t kick”? When put in the right situation, they will ALL kick. No level of domestication and training of horses will ever remove the horse’s basic survival instinct, which is fight or flight. In approaching horses, it is important to understand that we should always approach from the side. The horse’s two blind spots are directly in front and directly behind them, and those areas must be avoided. Always let the horse know you are there. One of the best horses I ever showed kicked me one day because I approached him from behind and slapped him on the rump to move him out of the way. They will all kick!*

**GUILFORD COUNTY 4-H ACTIVITY DAY**

It's time to register for 4-H presentations and 4-H Entertains - deadline to sign up - JUNE 5TH.

Both contests will be held @ the Guilford County Extension Office on Tuesday, June 10. Presentations will begin @ 6:30 pm. Call 4-H office or go to this website for entry form.

http://guilford.ces.ncsu.edu/files/library/41/Presentations County_Entry_Form08.pdf

**MARK YOUR CALENDARS FOR NC 4-H CONGRESS**

July 21-25 on the campus of NC State. Congress offers a variety of educational, recreational, and recognition experiences including outstanding speakers, educational and program development workshops, tours, presentations, recognition events, and social activities. Hope you plan to attend!

**4-H AMBASSADOR RETREAT – Put this on your calendar to attend!!!**

*When:* August 15 - 16, 2008

*Where:* Holiday Inn Brownstone Hotel & Conference Center, Raleigh, NC

*Cost:* $70 for overnight (includes lodging, facilities, 2 meals and a break) & $45 for day only (includes facilities and lunch)

Classes for all Ambassador levels - Bronze, Silver, Gold and Emerald.

**4-H CENTENNIAL PLANNING MEETING**

Join us on Tuesday, May 27 from 6:30 – 7:30 @ the 4-H office to brainstorm for our 2009 Birthday Bash! We need members, volunteers, parents, community members, sponsors, etc. We only turn 100 once, so lets make it a wonderful experience!!
FLAG RETIREMENT CEREMONY

Join us for our flag retirement ceremony on June 13 @ 11 am at the Governmental Plaza downtown Greensboro. Invite your community and bring your own chair. We will need 4-H’ers to help with our program. Contact Peggie @ the 4-H office for more information and to sign up to help. If your club is willing to sing a patriotic song, please let me know. Practice is 5/12 @ 3:30 pm.

ATV CERTIFICATION CLASS

NC law now requires any 4 wheeler operator born after 1/1/90 to pass an ATV safety workshop. We are offering a FREE workshop July 2 from 9-5 pm @ the Extension office. Space is limited so you must pre-register.

4-H INSPIRES NEW FLAVOR FROM BLUE BELL

Blue Bell Creameries is honoring 4-H as we celebrate our 100th Birthday by introducing Centennial Cupcake Ice Cream - cake batter ice cream with pieces of yellow cake, a chocolate icing swirl and four-leaf clover sprinkles. The half gallon flavor is now available at your local Wal-Mart store. Check out this website to print off a $1 off coupon.
http://www.bluebell.com/home.aspx

Peggie Lewis  
4-H Extension Agent

Shannon Wiley  
4-H Program Assistant

NC Cooperative Extension  
Guilford County Center  
3309 Burlington Rd.  
Greensboro, NC 27405
KEEP UP THE GOOD WORK, Sydney Davis!
Sydney was on the state winning Junior Dairy Judging Team

WAY TO GO to our Senior 4-H WHEP Team
Scott, Christopher, James, Melissa, and Amber.
They placed 4th at the state competition!!

CONGRATULATIONS to our 4-H’ers who participated in our 4-H Fashion Revue!

Cloverbuds
Mia Farnham
Shawnetta Kay Harper
Rashadah Hunter
Adrian Ivey
Carey Ivey
Sarah Stephens

Beginner Division
Mireya Garcia 1st
Erin Dillon 3rd
Israel Farnham 4th
Kimrey Dillon
Shawne Maurice Harper
Jannat Khan
Akete Kindle

Pre-Teen Total Outfit
Sydney Davis 1st
Jerry Van Gaither 2nd
Robinette 3rd
Jordan McGuire 4th

Pre-Teen Separate
Kate Hice 1st place

Early Teen Total Outfit
Breanna Brown 1st
Kirsten Cates 2nd

Early Teen Separate
Aveeonia Kindle 1st

Early Teen Other
Megan Stephens 1st

Senior Teen Total
Talor Brown 1st Won Sewing Machine

Senior Teen Special Division
Logan Brown 1st

ADD/HIGHLIGHT IN YOUR 4-H CALENDAR – call Extension office for more info

MAY
1: ESI workshop 6:30 – 7:30 pm
3: District 4-H Horse Show, Hardin’s Farm in Stokesdale
6: 4-H VLA and County Council meeting 6:30 – 8 pm
8: Operation Military Kids 4-H Service Project National Guard Armory
10: NC State’s Graduation – Yeah!!!
15: ESI workshop 6:30 – 7:30 pm
17: Youth Conservation Education Day – NE Park
20: Summer Fun Registration 4-6 pm
20: New Horse Owners Sponsored by Extension and REINS. Contact Kelly Emerson, 922.0223
21: Living the Wildlife Series Wildflowers Wildlife – Contact BurMil Park 373-3802
27: 4-H Embryology Program – $10 will get incubator, eggs, curriculum - must register
27: Centennial Planning Meeting 6:30 – 7:30 pm
28: Turkey poults distributed contact NC State Poultry Dept

JUNE
CHECK OUT OUR 4-H SUMMER FUN WORKSHOPS!!!
2: Due Date for: Dairy Posters, Poultry Posters, Career Exploration Posters
3: 4-H Horse Judging Clinic, Stokes County. Contact Teri Bost, 336.593.8179
4: Living the Wildlife Series Amphibian Amphitheatre – Contact BurMil Park 373-3802
5: ESI workshop – 6:30 – 7:30 pm
7: Open House @ Millstone – Family Fun Day Contact Gene Shutt 919.652.5905
10: 4-H County Activity Day Presentations & Entertains 6:30
12: 4-H Summer Fun Teen Volunteer Training 9-1 pm
13: Flag Retirement Ceremony 11 am Governmental Plaza
15 – 20: Camp Challenge Sertoma 4-H Center
16 – 18: Citizenship NC 4-H Focus Raleigh
19: ESI workshop – 6:30 – 7:30 pm
20-21: 4-H Horsemanship Clinic, Stokes County. Contact Teri Bost, 336.593.8179
21-28: General Hugh Shelton Leadership Challenge UNC Charlotte
24: Northwest District 4-H Activity Day – District 4-H Presentation Competition
26: Equine First Aid, Working with Your Vet 6:30 p.m., Forsyth Extension Tim Potter, 703.2850
28: Equine Clinic Sponsored by Extension & King Cowboy Church. Amy Thomas, 336.703.2850
28: Dairy Days @ the Piedmont Triad Farmers Market & Ice Cream Churn-off 10-2 pm

JULY
2: ATV Certification Workshop, Extension office 9-5 pm MUST PRE-REGISTER
9-13 State 4-H Horse Show, Raleigh
14-16: 4-H Electric Congress
17: ESI workshop 6:30 – 7:30 pm
17: 4-H Camp meeting – 6:30 pm
21 – 25: NC 4-H Congress, NC State University
30: Living the Wildlife Series Birds of Summer – Contact BurMil Park @ 373-3802
31: ESI workshop – 6:30 – 7:30 pm

AUGUST
3-8: 4-H Camp @ Millstone in Ellerbe
5-6: Guilford County Junior Dairy Show/Greensboro Junior District Dairy Show
7: ESI workshop – 6:30 – 7:30 pm
12: 4-H VLA and County Council meeting
12: Careers in the Horse Industry, Stokes County Contact Teri Bost 336.593.8179
18: Favorite Foods Show workshop – 6 pm
21: ESI workshop – 6:30 – 7:30 pm
22: END OF SUMMER LUAU – Come and join in the fun!