

Month	Topic
February 2012	Growing The Green Way Lighting National Nutrition Month
April 2012	Engaging Your Children - Revolution of Responsibility National Stress Awareness Month Healthy Snacking
June 2012	Fruits & Vegetables June Dairy Month Food Safety/Preservation
August 2012	Fall Gardening Healthy Snacks Local Food
October 2012	MGV Program Nutrition Simple Memory Improvement Techniques
December 2012	Holiday A Less-Fattening Holiday Feast Managing the Holidays